



Team Texas Diving

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We are more than pleased to recommend PhD Marco Ghioni for the role of **Dedicated Postural Consultant for Diving Athletic Performance**. The Texas A&M University diving team was fortunate to work with Marco from November 9th to December 5th 2019 in College Station. He was a welcomed addition to our team, displaying both a personable nature and a high degree of professionalism.

After demonstrating his unique skill set to the coaches and athletes, he made this expertise available to the entire diving team. Our athletes had the opportunity to learn new warm-up and cool-down exercises. In doing so, Marco empowered them to take charge of their health and performance, enabling them to tailor personal treatments to suit their needs. We were able to observe postural and performance improvements in our athletes as a result of Marco's guidance. In addition, he provided us with exercise booklets that highlighted the key points of each prescribed exercise. These pamphlets give both practical descriptions of the exercise as well as the purpose of performing them. This will facilitate the incorporation of these techniques within the framework of our program.

We would like to thank PhD Marco Ghioni for his time, skills, and enthusiasm; we were very pleased to take part in the development of his DIVING PROJECT and hope to have the opportunity to collaborate with him in the future.

It is with great confidence that we recommend Marco Ghioni for this position. Please feel free to contact us if you have any question about his time here.

Sincerely,

Wendy Lerew

A handwritten signature in cursive script that reads "Wendy Lerew".